

Russ Painter, Certified Life Coach

Take a moment and think about an important life goal you want to reach, a significant change you're attempting to make, or an area where you've always wanted to improve the quality of your life. If you found a way to greatly increase your chances of success, would you do it?

More and more people have discovered the difference a coach can make in maximizing their opportunities in life. I'm Russ Painter, and as a coach, my role is to help people succeed. Coaching is not about dispensing advice or fixing you. Instead, a coach helps you find your motivation, clarify your objectives, and stay on track to meet them. A good coach will help a client do what they wouldn't naturally want to do so that they can achieve what they always wanted to do. If you've never experienced how empowering the support and encouragement of a coach can be, you owe it to yourself to find out!

Let me share with you the values that motivate me as I serve you:

- **Belief in your Potential**
*You are created in God's image, and can accomplish **all** that your destiny includes.*
- **Uniqueness must be Celebrated, not just tolerated.**
*What's best for you is best determined **by** you. Your destiny cannot be achieved by following someone else's path.*
- **Respect the Process**
Change occurs through experience, and you are responsible for your own choices and decisions.
- **Personal Growth only occurs within Authentic Relationships**
Sustainable change is empowered by the support, encouragement, and accountability of people who care about you.

If you want to get the most out of life, take the coaching challenge: Call me today, and let's explore together what having a personal coach can do for you!



QUALIFICATIONS

- *Lifforming Leadership Coaching Certified Professional Coach*
- *Over 30 years in church and para-church leadership*
- *Over 20 years experience in the business / small business environment*
- *Founder and President of Life Unlimited Coaching*

CONTACT

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